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VENTURE OUT

STRESSES? THE TOP 10 PLACES TO CHILL OUT THESE
ULTRA-RELAXING AND LUXURIOUS
PROPERTIES PUT THE AHFFF IN SPA

By Abbie Kozolchyk

Sanctuary in the City
AG UA SPA AT THE MONDRIAN
Scottsdale, Arizona

Located in the center of Old Town Scottsdale, the Mondrian is one of the chicest, most laid-back hotels to hit Arizona. Pass through a 25-foot gate of bougainvillea at the entrance, head straight to Agua Spa, and sign up for some of the most unusual spa offerings we've seen in a while. Try the Absolute Pearl, an antiaging skin treatment using crushed pearl powder and botanicals like mulberry and licorice. Or check out Montecelli Mud, an aromatherapy-based treatment using warm mud from a mineral spring in Italy to relieve achy muscles and joints and boost energy. Start your day with a hike up Camelback Mountain. The concierge can set you up with maps.